

HOMOEOPATHIC REMEDIES *for* ANIMALS

"A Faithful friend is the medicine of life" Ecclesiasticus. Ch. VI

The Natural Selection

ABSCCESS	13
ACNE	8, 10
AGEING	8
AGGRESSION	8
ALLERGIC REACTIONS	7, 13
ANAL GLANDS - <i>inflammation of</i>	13
ANXIETY	7, 10, 11
APPETITE - <i>loss of</i>	7, 9, 11
APPREHENSION	12
ARTHRITIS... <i>worse with movement</i>	8, 12
ARTHRITIS... <i>improves with movement</i>	12
ASTHMA	7, 8, 13
BAD BREATH	9, 11
BARKING... <i>excessive</i>	11
BEREAVEMENT	10
BRONCHITIS	8, 9, 12
BRUISING	7
BURNS	9
CANKER	13, 12
CATARRH	11, 13
COLDS	8
COLIC	8, 11
CONJUNCTIVITIS	11, 12, 13
CONSTIPATION	8, 9, 11, 13
CONTUSIONS	7
CONVALESCENCE	11
COUGH	7, 8, 9, 12
CYSTITIS	9, 13

CYSTS	10, 13
DANDRUFF	13
DENTAL EXTRACTIONS	7
DEPRESSION	10, 11
DIARRHOEA	11
DIGESTIVE UPSETS	8, 11
DRY/SCALY COAT	7
EAR INFECTIONS	10, 11, 12, 13
EAR - <i>inflammation of</i>	8
ECZEMA	9, 12, 13
ECZEMA... <i>wet</i>	10
EXCESSIVE EXERCISE	7
EXCITABILITY	7, 12
EXHAUSTION	7, 11
EYE INFECTIONS	10, 12, 13
FALSE PREGNANCY	11, 13
FEAR	7, 10, 11, 12
FEMALE CONDITIONS	11, 13
FEVER	7, 8
FLATULENCE	9, 11
FLEA ALLERGY	13
FOREIGN BODY... <i>eg, splinter, thorn</i>	13
HAIRBALL	11
HAIR LOSS	10
HAY FEVER	7
HEAT STROKE	8

	Page No.
HICCOUGH	11
HOMESICKNESS	10
HYPERSEXUALITY	10
INDIGESTION	11
INFECTIONS	7, 13
INFLUENZA	10
INJURY	7, 15
INSECT STINGS	9, 13
INSOMNIA	7
JOINTS... <i>pain</i>	8, 13
KIDNEY... <i>infections</i>	9
KNOCKS	7
LEGS... <i>loss of power</i>	13
LETHARGY	11
LOSS OF LITTER	10
MANGE	13
MASTITIS	8, 11, 13
MATERNAL INSTINCT... <i>lack of</i>	13
MILK... <i>lack of</i>	11
MUSCLE TWITCHING	8, 12
MUSCLE WEAKNESS	10
NERVOUSNESS	10, 12
NEUTERING	7
NIPPLES... <i>cracked</i>	10
NOISE... <i>fear of</i>	7, 10, 11

	Page No.
PINING	10
POST-NATAL... <i>bruising</i>	7
RESCUED... <i>animals</i>	10
RESTLESSNESS	7
RHEUMATISM	8, 12, 13
SEASONS... <i>irregular</i>	11, 13
SENILITY	8
SHOCK	7
SHOW FRIGHT	10, 11
SHYNESS	11
SKIN... <i>cracked</i>	10, 15
SKIN... <i>red, itchy</i>	13, 16, 17
SLIPPED DISC	11
SNEEZING	7, 10
SPINE... <i>weakness/pain</i>	8, 12, 13
STRAINS AND SPRAINS	12
STRESS	11
TIMIDITY	10
TOOTHACHE	8
TRAVEL SICKNESS	9
TREMBLING	10
VACCINATION... <i>ill effects of</i>	13
WARTS	14
WOMB... <i>inflammation</i>	13
WOUNDS	16

What is homoeopathy?

Homoeopathy has been in use since the time of Hippocrates, but as we know it today, was evolved by a German scholar and chemist over 200 years ago when he became increasingly disillusioned with the 'medicine' of the time.

By experimenting on himself, Samuel Hahnemann discovered that by taking minute doses of Cinchona bark (from which Quinine is derived) he could produce the same symptoms that were caused by Malaria. Hahnemann found that if similar doses were given to patients suffering from Malaria they were found to recover.

Hahnemann went on to test many other substances in the same way,

drawing up a 'Materia Medica' of homoeopathic remedies and the symptoms with which they became associated. These tests were called 'provings' and encompassed substances derived from plant, animal and mineral origins.

The results suggested to Hahnemann that by administering a micro dose of a substance which mimicked a disease, the body's own defences were roused into action. Hence the idea that 'like may be cured by like.'

Indeed, the efficacy of the drug appeared enhanced by extreme dilution and this also eradicated harmful side effects.

Because of the extreme dilution homoeopathy is a very safe and natural way to tackle problems which our pets may suffer from, as it promotes good health by the body's own powers of self regulation and self healing.

Homoeopathy has been found to be very successful when used on domestic and farm animals as increasing media attention has shown. It has also had good results in long-term or chronic conditions which have not responded to any other sort of treatment.

To give your animal homoeopathic remedies is to be assured in the knowledge that it is safe, free from side-effects and environmentally friendly.

Preparation of remedies

Dr.Hahnemann found that the effectiveness of the substances he used were increased by diluting them. In fact he found that the greater the dilution the better the remedy.

Thus homoeopathic remedies are prepared by diluting a 'mother tincture' which is an extract prepared from the substance concerned e.g. Arnica or Sulphur. The dilution is repeated as many times as specified, for example, a 6c potency is diluted 6 times by a factor of 100.

With each dilution the mixture is shaken vigourously, or 'succussed' which gives potency to the remedy. This is an important part of the preparation as it is thought to release the 'energy' contained within the material used.

Sugar based tablets, pills or powders are then impregnated with the diluted remedy and again succussed.

Selecting the remedy

For some longstanding or recurrent problems you may find that more than one remedy is identified for use.

When ill, animals like people, suffer not only from the classic symptoms of a disease, but also from other symptoms which are unique to each individual. A homoeopathic remedy is selected to match the individual's response to an illness. This is why two animals suffering from the same problem may require different remedies.

It is helpful if the owner can note the various symptoms and characteristics the animal displays, so that the most appropriate remedy may be identified for use from the information provided.

How to give homoeopathic tablets

It is preferable to give homoeopathic remedies to your pet between meals without food. If, however, this proves

difficult the tablet can be given with a small piece of food or crushed between two clean teaspoons and the powder either tipped onto the tongue, or added to water. You should try to handle the remedy as little as possible but if you do, make sure your hands are clean and dry.

How to store homoeopathic remedies

The tablets should remain in the bottle in which they were supplied. The container should be kept in a dry place away from sunlight and strong smells.

* Homoeopathic remedies should be supplied in an inert substance such as glass bottles or phials as other mediums can mar the efficacy of the remedy*.



Dosage

For acute or sudden onset of symptoms:

The selected remedy should be given at a rate of one tablet every hour for up to ten doses, then one tablet every twelve hours for two to three days.

For long-standing or chronic conditions:

Give one tablet three times a day for fourteen days and repeat if symptoms recur.

In cases where an immediate response is required such as an accident, 1 tablet may be given every 15 minutes for up to 6 doses. This dose rate may also be used in anticipation of an emotionally traumatic event such as a thunderstorm, show fright, a change of environment or a trip to the vet.

As soon as there is any improvement in the animals condition the remedy may be reduced or stopped.

If there has been no response after two to three weeks an alternative remedy may be required.

Remedy: ACONITUM NAPELLUS
or commonly ACONITE

Source: Whole fresh plant when in flower

Potency: 6c

Dosage: See page 6

May be used for:

Acute and sudden fear

Shock and fright

Emotional and physical
tension

Acute, early stages of fever

Excitability - *causing continuous barking*

Anxiety

Cats who are restless and cry
when being transported

Aconite is a great fever remedy, which is indicated by a sudden rise in temperature. Almost always associated with fear, Aconite is an excellent remedy for the first aid box. It should be given at short, regular intervals as its action is brief. Symptoms are aggravated by cold, dry winds or extremes of temperature.

Remedy: ARNICA

Source: whole fresh plant, root or
dried flowers of Leopard's Bane

Potency: 6c

Dosage: see page 6

May be used for:

Bruising

Shock

After injury

Dental extractions

Exhaustion

Contusions

After neutering

Knocks

After excessive exercise

Arnica is traditionally used to lessen the immediate effects of shock, falls, bruising and bleeding. It is also thought to increase the resistance of animals to bacterial infection by stimulating white blood cells which fight harmful bacteria. Also useful to combat the effects of internal and external bruising before and after surgery, as it helps traumatised tissues heal. Therefore a good remedy for the female after giving birth.

Remedy: ARSENICUM
ALBUM
or commonly
ARSEN ALB.

Source: Arsenic Trioxide

Potency: 6c

Dosage: see page 6

May be used for:

Dry/Scaly coat

Restlessness

Insomnia

Asthma

Loss of appetite

Spasmodic cough

Fear

Hayfever

Sneezing

Arsen Alb is a versatile remedy. It can be used for various skin and coat conditions. It is useful for animals with dull coats or dry skin and can help to relieve associated irritation and hair loss. It is also good for insomnia in older animals and for allergies which cause sneezing and associated symptoms. Arsen Alb. is indicated when the animal appears restless or anxious. Symptoms are worse for cold and wet, better for warmth.



Remedy: BARYTA CARB

Source: Barium Carbonate

Potency: 6c

Dosage: See page 6

May be used for:

Weakness of spine
Pain in joints
Gastric weakness
Constipation
Colic
Senility
General degenerative changes
Bronchial conditions in
suckling animals

Baryta Carb. is most effective in the very young and the old. It is recognised as being 'the old age remedy' and can be used for a variety of problems commonly associated with the elderly animal. Baryta Carb is slow in action and so a full course must be given.

Remedy: BELLADONNA

Source: Deadly Nightshade

Potency: 6c

Dosage: see page 6

May be used for:

Aggressive behaviour
Heat stroke
Muscle twitching
Fever
Inflammation of the ear
Colds
Toothache
Acne on face
Earache

Belladonna is indicated where there is a sudden onset of symptoms. It acts on the circulatory system, skin and glands and is associated with hot, red skin and/or excited mental states for example with aggressive behaviour. Symptoms are worse for touch, noise or jarring motion, better for quiet, rest, dark and slight warmth.

Remedy: BRYONIA

Source: Wild Hops, the whole fresh plant.

Potency: 6c

Dosage: see page 6

May be used for:

Arthritis - *which worsens with movement*
Asthma
Bronchitis
Cough - *which is better when animal is at rest*
Mastitis - *where glands feel hard*
Rheumatism

Bryonia is used when the general character of pain is stitching or tearing. It effects fibrous tissues, membranes which secrete fluids, ligaments, joints and tendons. Generally the animal tends to be thirsty and symptoms are worse for warmth, better for rest.

Remedy: CANTHARIS

Source: Spanish Fly

Potency: 6c

Dosage: see page 6

May be used for:

- Acute and chronic cystitis
- Kidney problems
- Insect bites and stings
- Burns with blistering
- Acute eczema with burning itch
- Blistering sores

Cantharis is indicated where there is burning, stinging or scalding pain. Cystitis is an example of this type of discomfort, where the animal has a constant urge to pass urine and experiences difficulty and pain. A soothing remedy, Cantharis is used for the urinary system and in some skin conditions where the skin is red and raw. Symptoms are worse for touch, better for rubbing.

Remedy: CARBO VEGETABILIS or commonly CARBO VEG.

Source: Vegetable charcoal from Beech, Birch or Poplar wood.

Potency: 6c

Dosage: see page 6

May be used for:

- Bad Breath
- Flatulence
- Constipation
- Loss of appetite
- Vomiting from overeating
- Bronchitis with wheezing
- Spasmodic coughing

Carbo Veg is used when an animal does not really appear to have fully recovered from an illness. It is particularly useful for overweight animals and can be used to revive an animal who appears to have 'given up'. Carbo Veg is said to restore strength and warmth in cases of circulatory weakness.

Remedy: COCCULUS

Source: Indian Cockle

Dosage: one tablet one hour before journey, then another tablet half an hour later. On long journeys you may need to administer another tablet

May be used for:

- Nausea from travelling -
- Panting, yawning dribbling
- Sea sickness

Cocculus is commonly used for car sickness and it does not have the sedative effect of many conventional treatments.





Remedy: GELSEMIUM
Source: Root of Yellow Jasmine
Potency: 6c
Dosage: see page 6

May be used for:

Nervousness
Trembling
Muscle weakness
Timidity
Show fright
Fear
Influenza - *especially in cats*
Sneezing
Hypersexuality - *especially excitable male dogs*

Gelsemium is used for animals who are sensitive to noise, are shy or timid or particularly sensitive to cold or damp. It is indicated when the animal shakes with fright. Cats respond particularly well to Gelsemium.

Remedy: GRAPHITES
Source: Plumbago or black lead, mixture of Carbon, Iron and Silica
Potency: 6c
Dosage: see page 6

May be used for:

Hair loss
Sore, cracked nipples
Wet eczema
Ear infections
Cracked skin - *particularly between folds*
Inter-digital cysts
Inflamed eyelids with sticky discharge

Graphites is used for skin conditions in animals which are often accompanied by wet, sticky discharge that may cause the skin to smell. It can be used for pimples and acne which form on the nose and chin caused by bacterial infections. Graphites is a constitutional remedy, indicated in the smelly skinned dog who likes to sit next to the fire.

Remedy: IGNATIA
Source: Seed pods of St Ignatious bean.
Potency: 6c
Dosage: see page 6

May be used for:

Homesickness
Pining
Bereavement - *loss of litter or companion*
Animals in cattery or kennels
Rescued animals
General feelings of loss
Insecurity - *due to abandonment or loneliness.*
Weaning problems - *for mother and offspring*

Ignatia is often used for emotional upsets and should be given immediately should you give a home to a rescued or abandoned animal. It is useful for those animals which seem to be sad, melancholic or depressed or have a tendency to self mutilation .

Remedy: KALI PHOSPHORICUM or commonly KALI PHOS.

Source: Phosphate of Potassium

Potency: 6c

Dosage: see page 6

May be used for:

- Stress
- Anxiety
- Nervousness
- Shyness
- Fear of noise
- Convalescence
- Exhaustion
- Lethargy
- Bad breath

Kali Phos is a great nerve remedy and is consequently an excellent aid during convalescence. Particularly good when recovering from an operation or when used in anticipation of a stressful situation.

Remedy: NUX VOMICA or commonly NUX VOM.

Source: Dried, ripe seeds of Poison Nut tree

Potency: 6c

Dosage: see page 6

May be used for:

- Digestive upsets
- Constipation
- Colic
- Flatulence
- Loss of appetite
- Hiccough in puppies
- Hairball
- Slipped disc

Nux Vom is a remedy for digestive upsets and can be given to animals who have a poor appetite often accompanied by constipation. Nux Vom has also been used for slipped discs, particularly in long bodied dogs. Generally symptoms are worse for noise and better after rest.

Remedy: PULSATILLA

Source: Whole plant when in bloom of Pasque flower.

Potency: 6c

Dosage: see page 6

May be used for:

- Mastitis
- Lack of milk
- Irregular seasons
- False pregnancy
- Indigestion *with sickness and diarrhoea*
- Chronic middle ear infection
- Excessive barking . . . *when owner is absent*
- Styes
- Conjunctivitis
- Chronic catarrh
- Ovarian under-activity

Pulsatilla is associated with the female animal in particular and is used for inflammation of the reproductive system. Characteristically the animal has a mild, gentle or sad disposition. Symptoms are worse for heat, better for motion and in the open air.





Remedy: RHUS TOXICO-
DENDRON

or commonly
RHUS TOX.

Source: Fresh leaves of
Poison Ivy

Potency: 6c

Dosage: see page 6

May be used for:

Arthritis - *which improves
with movement*

Strains and sprains

Ear infections, Canker

Conjunctivitis

Bronchitis in cats - *due to
damp*

Rheumatism

Some forms of eczema

*Rhus Tox is a major rheumatic remedy
and is traditionally used to relieve
stiffness whether mental, physical or
emotional. Generally symptoms are
worse at rest, in cold weather and at
night.*

Remedy: RHUS TOX. and BRYONIA
combined

Source: See Rhus Tox and Bryonia

Potency: 6c

Dosage: see page 6

May be used for:

Rheumatism

Pain or stiffness *in neck or
lower spine*

Dry cough

*If the above remedies have little effect on
their own, then the combination may be
what is required as they are complimen-
tary remedies.*

Remedy: SCUTELLARIA

Source: Skullcap

Potency: 6c

Dosage: see page 6

May be used for:

Excitability

Nervousness

Apprehension

Fear

Muscle twitching, tremors

*Scutellaria is a nervous sedative and is
therefore used for animals who are highly
strung or may be disruptive or unruly, for
example in young animals.*

Remedy: SEPIA

Source: Ink from cuttlefish

Potency: 6c

Dosage: see page 6

May be used for:

- False pregnancy
- Irregular seasons
- Constipation during pregnancy
- Chronic Cystitis
- Inflammation of the womb
- Stimulating the maternal instinct in indifferent mothers

Sepia is a common constitutional female remedy acting on the nervous and hormonal systems. It is similar in action to Pulsatilla but where as the Pulsatilla animal has a fairly mild temperament, the Sepia animal tends to be rather unpredictable or more aggressive. Symptoms are worse for cold or before a storm, better for warmth, exercise and after sleep.

Remedy: SILICEA

Source: Pure flint

Potency: 6c

Dosage: see page 6

May be used for:

- Abscess
- Slow healing infections
- Inflamed anal glands
- Foreign bodies *such as a thorn, splinter, grit or grass seed*
- Chronic catarrh
- Loss of power in legs
- Ill effects of vaccination
- Mastitis
- Eye infections
- Cysts

Silicea is a tissue salt and is essential for growth and bone development. It ripens abscesses since it promotes suppuration and is valuable for chronic conditions where there is infection. It can also be used for weakness in the spine following injury. Constitutionally, Silicea suits the shy, chilly animal.

Remedy: SULPHUR

Source: Sublimated sulphur

Potency: 6c


Dosage: See page 6

May be used for:

- Eczema
- Dandruff
- Flea allergy
- Insect stings
- Ear mites
- Canker
- Asthma
- Red, itchy skin
- Mange
- Allergic reactions
- Chronic rheumatism

Sulphur is one of the oldest known remedies in medicine and is commonly used for skin ailments. The animal seeks cool places to lie in and the skin may appear red and hot. It is particularly useful for complaints which keep recurring and is most effective when used sparingly. Sulphur also acts as an 'inter-current' remedy, aiding the action of other remedies.





Remedy: NITRICUM
ACIDUM
or commonly
NIT. AC

Source: Potencies are prepared from a solution of Nitric Acid in distilled water

Potency: 6c

Dosage: one tablet to be given three times a day

May be used for:

Warts which are cauliflower-like and may bleed or ulcerate easily. They may also be found growing near orifices such as eyes, mouth, anus or vulva.

Nit. Ac acts on the areas where skin and mucous membranes meet. Any lesion which bleeds easily such as warts or rodent ulcers may respond well to this remedy. Symptoms are worse at night and in hot weather.

Remedy: THUJA OCCIDENTALIS
or commonly
THUJA

Source: Fresh, green twigs

Potency: 6c

Dosage: one tablet to be given three times a day

May be used for:

Warts which have a stalk like structure or may bleed easily. It is also used for pappillomatus warts, which are benign tumours forming a rounded mass and may be found either internally or externally. The scrotum and sheath may be particularly affected in the horse. Thuja may also be useful when an adverse reaction to vaccination occurs.

Thuja acts mainly on the skin and urogenital system. Eruptions around the neck and abdomen are common sites and may be very sensitive to touch. Thuja should not be given during pregnancy.

Remedy: THUJA OCCIDENTALIS
MOTHER TINCTURE (Ø)
or commonly
THUJA TINCTURE

Source: Prepared from the fresh, green twigs

Dosage: Thuja Ø should be applied topically onto the wart morning and evening and combined with the most appropriate tablet remedy for best results, ie Nitric Acid or Thuja. Thuja Ø is for external use only

May be used for:

Warts and sarcoids.



Homoeopathic Cream for Wounds

HYPERICUM/CALENDULA CREAM

Remedy: *Hypericum/Calendula Cream or commonly Hypercal Cream*

Source of Calendula: *Marigold, prepared from the leaves and flowers.*

Source of Hypericum: *St. Johns Wort, prepared from whole fresh plant.*

Dosage: *Apply to affected area two to three times daily or as necessary.*

Hypericum/Calendula are the chief remedies to be considered when dealing with open wounds, particularly when there may be damage to nerve endings. Calendula is one of the best homoeopathic healing agents and when combined with Hypericum, will reduce the pain of open wounds and hasten recovery. Hypericum is indicated in cases of necrosis (dead tissue) and will aid healthy granulation of the wound. Safe if licked or swallowed

Recommended for the first aid box.





Homoeopathic Cream for Skin Conditions

URTICAL CREAM

Remedy: *Urtica and Calendula Cream*

Source of Urtica: *Stinging Nettle, prepared from whole fresh plant.*

Source of Calendula: *Marigold, prepared from the leaves and flowers.*

Dosage: *Apply to affected skin two to three times daily or as necessary.*



Urtical is a combination of Urtica and Calendula that have been grown organically to produce a soothing cream for red itchy skin conditions. Calendula is a great healing agent and Urtica has an affinity for raised itchy skin (urticaria) with the ability to soothe and calm. In combination these two remedies have a wide range of applications and can be used in conjunction with any of the indicated tablet remedies such as Sulphur, Arsen Alb or Graphites. Safe if licked or swallowed.



Sulphur, Lavender and Calendula Shampoo

A SOOTHING SHAMPOO FOR ITCHY, SORE SKIN

A combination of Sulphur to reduce red, hot itchy skin and Calendula, nature's greatest healing agent. Lavender oil is added for its soothing, calming properties on aggravated skin.

This shampoo may be used in combination with the indicated tablet remedies (see index) for various skin conditions where itching is a symptom. Allergic reactions and a poor coat may also benefit from this gentle shampoo. Recommended for general use, as necessary. Rinse thoroughly with clean water after use.

Homoeopathic remedies should not be exposed to strong smells. Wash hands thoroughly before giving a tablet remedy.

Do not use in early pregnancy.



Your questions answered

Question: Does the dose vary with the size or weight of the animal?

Answer: *No, the recommended dose remains the same regardless of size.*

Question: Could I 'overdose' my animal?

Answer: *No, but care should be taken to stick to the recommended dosage.*

Question: Can you use more than one remedy at a time?

Answer: *Yes, many remedies may be successfully combined.*

Question: Can I give homoeopathic remedies at the same time as conventional drugs which my vet may have prescribed?

Answer: *Yes, homoeopathic remedies will not interfere with most drugs your animal may be given but steroids, tranquillizers and anti-*

histamines modify or completely block the effects of homoeopathic remedies.

Question: Can I reduce the dosage if the remedy is working well?

Answer: *Yes, the dose can either be gradually reduced or stopped as soon as you see a positive improvement in your pet. The aim of homoeopathy is to stimulate the bodies own healing system. If, however, the problem subsequently recurs another course may be necessary.*

Question: Are homoeopathic remedies safe for young animals?

Answer: *Yes, in preparing a homoeopathic remedy the active substance is greatly diluted, this makes the remedy safe but has also been found to make it work more effectively.*

Question: How long do homoeopathic remedies keep for?

Answer: *Providing the remedy is stored correctly they will last indefinitely.*



*Visit our website
at:
www.meditrina.net*

PLEASE NOTE

**If you are unsure of the diagnosis or if the animal
has a serious condition, veterinary advice should always be sought.**

*Please keep this
booklet for future reference.*

Booklet Copyright © 1998 by:



P.O. Box 530
Woldingham
Caterham
Surrey CR3 7YG

Tel: (0044) 01883 652483
Fax: (0044) 01883 653492
Website Address: www.meditrina.net

"Come forth into the light of things, let Nature be your teacher." Wordsworth.